

Pittsburgh Agitation Scale

Patient's Name: _____ Rater's Name: _____

Patient #: _____ Date: _____ Time: _____ AM/PM to _____ AM/PM

Hours of sleep this rating period _____

Circle only the highest intensity score for each behavior group that you observed during this rating period. Use the anchor points as a guide to choose a suitable level of severity. (Not all anchor points need be present. Choose the more severe level when in doubt.)

Behavior Groups

Intensity During Rating Period

Aberrant Vocalization

(repetitive requests or complaints, nonverbal vocalizations, e.g., moaning, screaming)

- 0. Not present
- 1. Low volume, not disruptive in milieu, including crying
- 2. Louder than conversational, mildly disruptive, redirectable
- 3. Loud, disruptive, difficult to redirect
- 4. Extremely loud screaming or yelling, highly disruptive, unable to redirect

Motor Agitation

(pacing, wandering, moving in chair, picking at objects, disrobing, banging on chair, taking others' possessions. Rate "intrusiveness" by normal social standards, not by effect on other patients in milieu. If "intrusive" or "disruptive" due to noise, rate under "Vocalization.")

- 0. Not present
- 1. Pacing or moving about in chair at normal rate (appears to be seeking comfort, looking for spouse, purposeless movements)
- 2. Increased rate of movements, mildly intrusive, easily redirectable
- 3. Rapid movements, moderately intrusive or disruptive, difficult to redirect
- 4. Intense movements extremely intrusive or disruptive, not redirectable verbally

Aggressiveness

(score "0" if aggressive *only* when resisting care)

- 0. Not present
- 1. Verbal threats
- 2. Threatening gestures; no attempt to strike
- 3. Physical toward property
- 4. Physical toward self or others

Resisting Care

(circle associated activity)

Washing

Dressing

Eating

Meds

Other _____

- 0. Not present
- 1. Procrastination or avoidance
- 2. Verbal/gesture of refusal
- 3. Pushing away to avoid task
- 4. Striking out at caregiver

Were any of the following used during this rating period because of behavior problems? (Circle interventions used.)

Seclusion

PRN Meds (specify)

Restraint

Other interventions _____

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